


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">August 2019</h1> <h2 style="text-align: center;">Aspen Terrace Recreation</h2>						
Program Location Guide: 4 Chapel ((C) Gathering Space (GS) Fireplace Lounge (FL) Resident Kitchen (RK) Family Dining Room(FD) Programs with a cost (\$)	5 CIVIC HOLIDAY <i>Sorry, No Programs Today</i>	<i>Britt is Here</i> 6 10:30 Hymn Sing (C) 1:45 Bingo 2:45 Outdoor Visits 3:00 Food Committee (FD)	7 9:30 Manicures 10:30 <i>Hannah is running Namaste</i> 11:45 Group Exercise Class 1:45 Afternoon Movie 2:00 Rosary (C) 3:30 <i>Hannah is in a meeting</i> 6:45 Drive in Movie Night (GS)	1 1:45 Super Quiz 3:00 Snoezelen Visits 6:45 Paul Wurster (GS)	2 10:30 Picnic and Music at Victoria Park (sign up only \$) 2:30 News and Views	3 2:00 Alpaca Visits
11 2:00 Providence Alliance Church	12 9:30 Bingo 10:45 Outdoor Strolls 11:30 Group Exercise Class 2:30 YouTube on Demand (C)	13 10:30 Hymn Sing (C) 1:45 ABCs of Summer 3:00 iPad Visits 4:30 Car Show Outing (sign up only \$)	14 10:00 Pet Therapy with Nyxie the dog 11:45 Group Exercise Class 2:15 Shuffleboard 2:00 Rosary (C) 3:30 <i>Hannah is in a meeting</i>	15 10:30 Outing to Hutches (sign up only \$) 10:30 Crafting for a Cause (GS) 3:00 Friendly Visits	16 9:30 Outdoor Visits <i>10:30 Brittany is in Namaste</i> 2:30 Peach Bellini Social	17 2:00 Peach Social with John Moorhouse (GS)
18	19 10:00 Entertainment with Paula French 11:30 Group Exercise Class 2:30 Church Service (C)	<i>Stacey is Here</i> 20 10:30 Hymn Sing (C) 1:30 Courtyard Visits 3:00 Music with Rebecca Cole	21 10:00 Baking Peach Crisp 11:45 Group Exercise Class 2:00 Rosary (C) 2:30 Balloon Tennis 6:45 Watermelon and Cocktail social in the (GS)	22 1:45 Super Quiz 3:00 Travelling Peach Crisp 6:45 Aidan & Martin (GS)	23 9:30 Snoezelen Visits 10:45 Morning Social: Croissants and Mimosas 2:30 Corn Sampling	24
25 Programs are designed to meet a variety of needs and are subject to change for the benefit of the residents	26 9:30 Bingo 11:00 Chopping Fruit 11:30 Group Exercise Class 2:30 Church Service (C)	27 10:30 Hymn Sing (C) 1:30 Snoezelen Visits 2:45 Sangria in the Courtyard	28 9:30 Manicures 10:30 <i>Hannah is running Namaste</i> 11:45 Group Exercise Class 2:00 Rosary (C) 2:30 Shuffleboard	29 10:00 Chair Yoga 11:00 Folding Laundry Visits 1:45 Black Jack 6:45 Music by Shannon (GS)	30 9:30 Pet Therapy with Sadie 10:30 Balloon Tennis 2:00 Ice Cream Truck	31 2:00 Summer Games Afternoon (GS)