


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Programs are designed to meet a variety of needs and are subject to change for the benefit of the residents</p>	<p>2</p> <p>9:30 Bingo 11:15 Group Exercise Class</p> <p>2:30 Church Service (C)</p>	<p>3</p> <p>10:30 Hymn Sing (C)</p> <p>2:00 Crossword</p> <p>3:00 Food Committee (FD)</p>	<p>4</p> <p>10:00 Paula French 11:15 Group Exercise Class</p> <p>2:00 Rosary (C) 2:30 Shuffleboard</p> <p>6:30 A Tribute to Ireland (GS)</p>	<p>5</p> <p>2:30 Social: Beer, Chips & Dip</p> <p>6:30 Jack Coulson (GS)</p>	<p>6</p> <p>10:00 Baking Cheesecake</p> <p>12:00 Swiss Chalet Outing \$ sign up only</p> <p>2:00 Cheesecake Social</p>	<p>7</p> <p>10:00 Movie and Snacks (on Aspen Terrace)</p>
<p>8</p> <p>2:00 Providence Alliance Church(C)</p>	<p>9</p> <p>9:30 Bingo 11:15 Group Exercise Class</p> <p>2:00 Irish Themed You Tube (C)</p>	<p>10</p> <p>10:30 Joyful Sound Choir (GS)</p> <p>2:00 Balloon Tennis</p> <p>3:00 Residents' Council (FD)</p>	<p>11</p> <p>9:30 Ladles of Love</p> <p>2:00 Rosary (C)</p> <p>Sorry, no Shuffleboard today</p> <p>3:00 Friendly Visits</p>	<p>12</p> <p>9:30 Chair Yoga 10:30 1:1 Music Visits</p> <p>2:30 March Birthday Party</p> <p>6:30 Northern Lights (GS)</p>	<p>13</p> <p>9:30 Savouring the Moment</p> <p>11:00 Spiritual Visits</p> <p>2:00 Social: Irish Cream Coffee's</p>	<p>14</p> <p>2:00 St. Patrick's Day Social:Two Sheets to the Wind (GS)</p>
<p>15</p> <p>1:00 Bulldog Game sign up only</p>	<p>16</p> <p>9:30 Bingo 11:15 Group Exercise Class</p> <p>2:30 Church Service (C)</p>	<p>17</p> <p>10:00 Portugal Travelogue and Treats</p> <p>12:30 Red Rockets Luncheon \$ sign up only</p> <p>2:30 Friendly Visits</p>	<p>18</p> <p>9:30 Classical Music Group</p> <p>10:00 Communion 11:15 Group Exercise Class</p> <p>2:00 Rosary (C) 2:30 Shuffleboard</p> <p>6:30 All about Maple Syrup (GS)</p>	<p>19</p> <p>9:30 Friendly Visits</p> <p>10:30 Peter Arthur (GS)</p> <p>2:30 Outing to Spring Bulb Show \$sign up only</p>	<p>20</p> <p>9:30 Reading Round Table</p> <p>11:00 Snoezelen Visits</p> <p>2:00 Savouring the Moment</p>	<p>21</p> <p>2:00 Painting (on Aspen Terrace)</p>
<p>22</p>	<p>23</p> <p>9:30 Bingo</p> <p>9:30 Walmart Shopping Outing \$ sign up only 11:15 Group Exercise Class</p> <p>2:30 Church Service (C)</p>	<p>24</p> <p>10:30 Hymn Sing (C)</p> <p>1:30 1:1 Café Visits</p> <p>2:30 Rebecca Zimmerman</p>	<p>25</p> <p>10:00 Grand Friends 11:15 Group Exercise Class</p> <p>2:00 Rosary (C) 2:30 Shuffleboard</p>	<p>26</p> <p>9:30 Spring Crafts 11:00 iPad Visits</p> <p>1:30 Sing Along</p> <p>6:30 Steve Angel (GS)</p>	<p>27</p> <p>9:30 Savouring the Moment</p> <p>1:45 Outing to Art Gallery of Hamilton \$ sign up only</p>	<p>28</p> <p>2:00 Spring Themed Bingo (GS)</p>
<p>29</p>	<p>30</p> <p>9:30 Bingo 11:15 Group Exercise Class</p> <p>2:30 Church Service (C)</p>	<p>31</p> <p>10:30 Hymn Sing (C)</p> <p>2:00 News and Views</p> <p>3:15 Friendly Visits</p>	 <p>St. Peter's Residence at Chedoke Thrive Group</p>			

March 2020

Aspen Terrace Recreation